

May 31, 2022

To All Extracurricular Activities Groups

Vice President (Student Services)  
Junichi Sakuma

The number of COVID-19 infections on campus slightly increased after Golden Week, but since then, the numbers have remained low. However, it has been pointed out by various parties that in the continuing summer heat, there is an increased risk of heat stroke when wearing a mask. Still, the COVID-19 pandemic has not come to a close, and the Activities Levels in the Guidelines for Activities at Nagoya University have not been lowered to Level 0, so we must continue to take precautions to prevent infection, which includes wearing masks. Considering the various mask guidelines that have been issued by the national government and Aichi Prefecture, for the time being, extracurricular activities will be handled as follows.

At the moment, extracurricular activities will continue to be handled as indicated in Notification No. 31. However, in order to prevent heat stroke, removing masks may be allowed depending on the nature of activity, such as during practice that involves strenuous physical activity. In addition, outside of practice time, such as during breaks or when commuting to and from extracurricular activities, wearing a mask is not necessarily required when outdoors as long as social distance (about 2 meters) is maintained. However, even if you are outdoors, please wear a mask if having conversations at a close distance. Furthermore, we ask that you wear a mask indoors, unless no conversations are involved and social distance (about 2 meters) can be maintained.

The actual conditions of the activities undertaken by each extracurricular activities group are different. We ask that each group keep the above in mind as they carefully consider how to balance measures to prevent COVID-19 infection and those to reduce the risk of heat stroke.

For now, we ask that you continue to maintain good ventilation during your group activities. In addition, please refrain from dining in groups as part of your extracurricular activities as much as possible. Eating in groups and gathering in large number of people for an extended period of time where sufficient infection prevention measures are not in place are especially prohibited.

**Effective Period: from Tuesday, May 31, 2022 until further notice**

## **[I] Scope of Activities**

- (1) As before, please make sure that you apply in advance and receive permission before holding or participating in tournaments, official games or matches, performances, or other events on or off campus. As a rule, you must apply at least one month in advance.
- (2) If you want to participate in activities such as official matches contests, training camps, etc. that by necessity involve overnight trips, we will make a decision whether or not to grant permission based on the details of your application, so please apply at least one month in advance. However, if you want to participate in activities involving overnight trips, please make plans with the minimum number of people and days in mind.
- (3) If holding events to welcome new students, just as with official matches and other events, please apply in advance. However, applications are not necessary for new students to participate in regular practices on a tryout basis, as long as physical distance between people is maintained and the list of participants is finalized by the day before.
- (4) If you want to distribute flyers, please consult in advance with the Athletics Association or the Federation of Liberal Arts Circles, whichever your group belongs to, and follow their instructions.
- (5) If at all possible, please avoid eating in groups as part of your extracurricular activities.

## **[II] Additional Notes**

**● Before taking part in extracurricular activities, check to see if you have any early symptoms of a cold, such as a sore throat. If you have any symptoms at all, do not participate in extracurricular activities.**

● If you take a PCR test due to feeling unwell or if you are infected or become a close contact, please e-mail the Health Administration Office yourself. At the same time, the captain or manager of the group should assess the situation and report to the Extracurricular Activities Section.

● If you ever have any questions, please consult with the Extracurricular Activities Section.

**We will notify you if any changes are made in response to future circumstances.**

<Inquiries/Document Submission>  
Extracurricular Activities Section,  
Student Support Division  
gakumu-kagai@adm.nagoya-u.ac.jp