## To Students, Faculty and Staff Members

Head of the Novel Coronavirus Infectious Disease Risk Management Task Force Naoshi Sugiyama

Nagoya University's Response to the Spread of COVID-19 (Notification)

We would like to express our sincere gratitude for your unwavering understanding and cooperation in helping to prevent the spread of COVID-19.

The number of new COVID-19 cases and hospital bed occupancy rate in Japan are declining, and the number of infections among our students, faculty and staff members is also on the decline compared to July and August.

Given these circumstances and the social and economic impact, the national government and Aichi Prefecture have announced that the quarantine period for those who test positive will be changed. In response, the University has decided to revise its quarantine period as detailed below.

Furthermore, as there remains a risk of infection even after the quarantine is lifted—for 10 days after the onset of symptoms for symptomatic individuals and 7 days after sample collection for asymptomatic individuals—the University will continue its efforts to prevent the spread of infection by monitoring the situation closely and giving instructions thoroughly to those testing positive and close contacts.

We ask all students, faculty and staff members to refrain from behavior that could lead to the spread of infection. Please do your part to help rapidly reduce the risk of infection.

If each and every member of the Nagoya University community takes basic steps to help prevent the spread of infection, we can all continue to enjoy the full range of university and social life.

Thank you.

## Main Changes:

Changing the quarantine period for those who test positive

If 7 days have passed since the onset of symptoms and 24 hours have passed since the symptoms resolved, symptomatic individuals may be released from quarantine starting from the 8th day.

Asymptomatic individuals may be released from quarantine on the 8th day if 7 days have passed since the date of sample collection. In addition, if the patient is asymptomatic until the 5th day and tests negative using a test kit on the 5th day, the quarantine may be lifted after 5 days (starting the 6th day).

However, as a general rule, symptomatic individuals should avoid close contact with others\* for 10 days from the date of onset of symptoms, and asymptomatic individuals for 7 days from the date of sample collection.

- \*Examples of behavior that constitutes close contact with others:
  - -Eating in groups
  - Spending time indoors, such as in classrooms with insufficient ventilation
  - Riding in a car
  - Being within arm's reach of another person, even if wearing a mask

Please check the website for more information.

https://en.nagoya-u.ac.jp/news/upload\_images/20220207\_02en.pdf