

February 14, 2022

To All Extracurricular Activity Groups

Vice President (Student Services)  
Junichi SAKUMA

Extracurricular Activity Times in response to the Extension of the Quasi-Emergency  
Measures

Due to the continuing spread of the novel coronavirus infectious disease (COVID-19), Aichi Prefecture has extended the quasi-emergency measures currently in place until March 6. Accordingly, the handling of extracurricular activities issued in Notification No. 27, indicated below, will stay in place. We ask that all members of extracurricular activity groups familiarize themselves with the following information.

Cases of infection are being reported daily at Nagoya University, and even though the number has decreased in comparison to January, we cannot be optimistic about the situation. In regards to extracurricular activities, while there are universities that have suspended all activities, Nagoya University has looked at ways to continue activities instead of suspending them. However, this requires that cluster infections do not arise from extracurricular activities. We greatly appreciate that most extracurricular groups are implementing thorough infection prevention measures. However, unfortunately, a cluster infection was reported from an extracurricular activity group last week.

With the "Extracurricular Activities" Level of the Guidelines for Activities being changed to Level 2, we understand that all activities are being affected in some way. However, since activities vary between each group, it is difficult to draw a single line in terms of what activities are allowed or not. As per the warning issued in January, we asked for each extracurricular activity group to take the initiative to consider the form of activity that would minimize the risk of infection and act accordingly. For example, physical contact is unavoidable in some activities, while speaking out is essential in other activities, and groups engaged in such activities are required to act even more cautiously.

As the examination period is now over, there are many students that are about to enter spring break. We understand that the spring break period is an important time for extracurricular activity groups, as it is possible to hold activities that could not be held while classes were in session. However, if the number of infections increase, it will become difficult to continue extracurricular activities in and of itself. Given that the current severe infection situation will continue for the time being, we ask each extracurricular activity group to take this time to consider what infection prevention

measures you can put into place, considering the characteristics of your group's activities, and carry them out thoroughly. Please be particularly careful about ventilation during the activities.

Even if not directly related to club activities, any activities with a large number of people, such as those with club members, will increase the risk of infection. We ask that you act vigilantly and avoid large gatherings also outside of club activities. We also ask that you refrain from eating in groups associated with extracurricular activities, and even when you have lunch with only a few people, please do not speak with other people when eating, whether they are the same club members or not.

## **Effective Period: February 14 (Mon) – March 6 (Sun), 2022**

### **[I] Extracurricular Activity Times**

#### **<<Activity Times at University Sports Facilities>>**

Please make sure to finish using the facilities and return the key by 19:30 and leave campus by 20:00.

#### **<<Activity Times at University Facilities Other than Sports Facilities>>**

Please conclude extracurricular activities, including activities in the club room or locker room, early enough that everyone can leave campus by 20:00.

#### **<<Activity Times for Off-Campus Activities>>**

Please conclude extracurricular activities by 20:00.

#### **<<Range of Activities Permitted at University Sports Facilities>>**

Only regular practices are allowed. Matches or games against other teams and joint practices are not permitted.

### **[II] Important Notes**

- Before taking part in extracurricular activities, check to see if you have any early symptoms of a cold, such as a sore throat. If you have any symptoms at all, do not participate in extracurricular activities.
- If you take a PCR test due to feeling unwell or if you are infected or become a close contact, please contact the Health Administration Office yourself. At the same time, the team captain or group manager should assess the situation and report to the Extracurricular Activities Section.
- As before, participating in tournaments and other events being held in areas that are under a state of emergency or that have implemented quasi-emergency measures is, as a general rule, prohibited.
- As a rule, activities that involve staying overnight (including training camps) are prohibited.
- In principle, please avoid extracurricular activities that involve eating in groups, regardless of the number of people.

- As we have said before, we accept consultations about holding tournaments and concerts and other issues related to extracurricular activities. Whenever you have any questions, please consult with the Extracurricular Activities Section.

**We will notify you if any changes are made in response to future circumstances.**

<Inquiries/Document Submission>  
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