

January 25, 2022

To All Extracurricular Activities Groups

Vice President (Student Services)  
Junichi SAKUMA

### Extracurricular Activity Times Under Quasi-Emergency Measures

Aichi Prefecture has instituted quasi-emergency measures as of January 21 (Fri). Accordingly, we have made the following decisions regarding activity times and other related matters. We ask that all members of extracurricular groups familiarize themselves with the following points.

There has been an explosive increase in COVID-19 cases within the University, and final exams are on the schedule. We once again ask that you do everything you can to prevent the spread of infection. The omicron variant of COVID-19 often begins with minor symptoms such as a sore throat. Every time you participate in extracurricular activities, please first check not only for fever, but also for other minor symptoms such as a sore throat. Even if you don't have a fever, if you have any cold symptoms at all, please do not participate in extracurricular activities until you recover from all symptoms.

Considering the infections that have occurred within the University, it is apparent that there have been incidents of cluster infections occurring because of club activities being held in places without sufficient ventilation. Please be particularly careful about ventilation during extracurricular activities.

Even if not directly related to club activities, having large numbers of group members congregate together increases the risk of infection. We have made efforts to allow extracurricular activities to continue. In order to ensure that these efforts are not wasted, we ask that you act prudently and avoid large groups outside of club activities. There have also been cases of people becoming infected due to having conversations without wearing masks, even though they were sitting one seat apart or were otherwise maintaining physical distance. We have been requesting everyone to avoid dining together in the first place, but even if you're only eating lunch with a few people, please eat without talking at all, whether or not you're members of the same extracurricular group.

We ask that you all do your part to ensure that extracurricular activities can continue without anyone becoming infected. Thank you.

**Effective Period: January 26 (Wed) – February 13 (Sun), 2022**

**[I] Extracurricular Activity Times**

**<<Activity Times at University Sports Facilities>>**

Please make sure to finish using the facilities and return the key by 19:30 and leave campus by 20:00.

**<<Activity Times at University Facilities Other than Sports Facilities>>**

Please conclude extracurricular activities, including activities in the club room or locker room, early enough that everyone can leave campus by 20:00.

**<<Activity Times for Off-Campus Activities>>**

Please conclude extracurricular activities by 20:00.

**<<Range of Activities Permitted at University Sports Facilities>>**

Only regular practices are allowed. Matches or games against other teams and joint practices are not permitted.

**[II] Important Notes**

- **Before taking part in extracurricular activities, check to see if you have any early symptoms of a cold, such as a sore throat. If you have any symptoms at all, do not participate in extracurricular activities.**
- If you take a PCR test due to feeling unwell or if you are infected or become a close contact, please contact the Health Administration Office yourself. At the same time, the team captain or group manager should assess the situation and report to the Extracurricular Activities Section.
- As before, participating in tournaments and other events being held in areas that are under a state of emergency or that have implemented quasi-emergency measures is, as a general rule, prohibited.
- As a rule, activities that involve staying overnight (including training camps) are prohibited.
- In principle, please avoid extracurricular activities that involve eating in groups, regardless of the number of people.

- As we have said before, we accept consultations about holding tournaments and concerts and other issues related to extracurricular activities. Whenever you have any questions, please consult with the Extracurricular Activities Section.

**We will notify you if any changes are made in response to future circumstances.**

<Inquiries/Document Submission>  
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