(Revised on November 30, 2020)

To all students:

Novel Coronavirus Infectious Disease Risk Management Task Force Seiichi Matsuo, Director

## Strengthening of Measures to Prevent the Spread of Infection

Aichi Prefecture has entered a third wave of COVID-19 infections. As a result, the governor has indicated that the situation is at the level of "High Alert," and in November, infections have increased dramatically at Nagoya University, especially among students. The current situation is drastic.

If this situation continues, we will be forced to once again close the campus and suspend educational and research activities and extracurricular activities, which would severely restrict your campus life. To avoid this, it is essential that all students keep in mind and diligently practice infection prevention measures.

We are grateful for the efforts you have made thus far to prevent the spread of infection. We ask that you continue these efforts by taking the steps below.

- 1. Strengthening of basic infection prevention measures
- We still see students chatting without wearing masks on campus. In order to prevent the spread
  of infection, be sure to wear a mask when there are people around, whether on or off campus.
  In addition, please make sure to take basic measures to prevent the spread of infection, such
  as washing your hands, disinfecting, avoiding the 3Cs, and ventilating rooms.
- Please do not dine or attend parties at restaurants or bars while COVID-19 is spreading throughout Aichi Prefecture. Please also refrain from inviting friends to eat or drink at your own room or home, as small spaces can easily lead to the 3Cs, and these events often result in drinks, chopsticks and plates being shared, which increases the risk of infection.
- As it is common to have conversations without masks in smoking areas, please be careful to keep sufficient distance from each other.
- Please make sure to download the contact tracing app COCOA, as it is an effective tool to help prevent the spread of infection.

- 2. Communicating with the Health Administration Office and Quarantining at Home
- If any of the following items applies to you, please contact the Health Administration Office immediately. (Phone: 052-789-3970 (Weekdays 8:30~17:15), Email: hokekan@htc.nagoya-u.ac.jp)
  - If you have difficulty breathing, fatigue, or high fever, or if you have cold symptoms such as fever, cough, or sore throat that continue for more than 4 days (if you have underlying conditions or if symptoms become unbearable, please act immediately; do not wait 4 days), or if you have unexplained abnormalities in your sense of taste or smell
  - If it has been decided that you will undergo a PCR test
  - If you become infected
  - If you have been identified by the local health center as a close contact
  - If a family member living with you has been identified as a close contact, or is suspected to be a close contact (even if they have not been identified as one)
- If you receive instructions from the Health Administration Office or the administration department of your school/graduate school, please promptly fill out an Activity History Survey.
- If the Health Administration Office deems it necessary, it may request that you quarantine at home, even if you are not infected or a close contact.