

### **Nagoya University's Guide for Determining a "Person Suspected of Close Contact"**

Nagoya University has defined a "person suspected of close contact" as someone who has come into contact with an infected person within 2 days prior to the day when the infected person became ill AND meets any of the following conditions:

A person who:

- Has interacted with an infected person at close distance (approximately 1 meter) without any infection prevention measures in place
- Has had prolonged contact (including inside cars, planes, etc.) with an infected person
- Lives in the same dwelling (including dormitories, etc., that have communal/shared areas) with an infected person

(Examples)

- Talked face-to-face for more than a few minutes without wearing a mask.
- Had a meal at the same table without partitions.
- Spent a period of time together in the same room (seminars, lab/research room, meetings, office work, etc.) without wearing a mask.
- Made physical contact such as touching hands.

\*Identification of close contacts by active epidemiological investigation is conducted by the Health Center. Nagoya University will provide the Health Center with all information they need to determine close contacts.

\* Cases such as the following are not considered to be close contacts; however, because there remains a risk of infection, albeit small, medical observation is necessary in such cases. This may include requests to quarantine at home (employees may be asked to quarantine at home or work from home), and you may be subject to PCR testing after consultation with the Health Center.

(Examples)

- Both people wore masks, but worked closely together (excluding healthcare activities at the University Hospital).
- Both people wore masks, but talked face-to-face within 1 meter of each other for an hour or more.

**(Reference)**

○ **National Institute of Infectious Diseases, Infectious Disease Surveillance Center (April 20, 2020)**

● “Patient (Confirmed Case)” refers to “persons who have been suspected of the Novel Coronavirus Infectious Disease due to clinical signs etc., and confirmed positive for the disease by testing.”

● “Infection Period of Patient (Confirmed Case)” shall be the time period between 2 days before symptoms of suspected Novel Coronavirus Infectious Disease (See below) including fever and acute respiratory symptoms such as coughing and breathing difficulty appeared, and the day quarantine began.

\* Fever, coughing, breathing difficulty, malaise, sore throat, nasal discharge/congestion, headaches, joint/muscle pain, diarrhea, nausea/vomiting, etc.

● “Close Contact Person” shall any persons who have come in close contact with a Patient (Confirmed Case) during their Infection Period, and who fall under the following categories.

• A person who lives with or has had prolonged contact (including inside cars, airplanes, etc.) with a Patient (Confirmed Case)

• A person who has examined, nursed, or taken care of a Patient (Confirmed Case) without appropriate infection protection

• A person who is likely to have directly come into contact with contaminants such as respiratory secretions or body fluids of a Patient (Confirmed Case)

• Additionally, a person who has come into contact with a Patient (Confirmed Case) by being within a distance where physical contact with his/her hands is possible (about 1m) for over 15 minutes without necessary infection prevention measures in place (the infectivity of a patient will be comprehensively determined based on their respective circumstances such as the surrounding environment, the state of contact, etc.)